



# NEWS

## FOR IMMEDIATE RELEASE

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### **Cincinnati Author to talk about book exploring adolescent depression and suicide at Wilmington Public Library**

Wilmington, Ohio, July 5, 2016 – Cincinnati-based author Jasmine Warga will talk about her new book exploring the idea of a suicide pact and its impact on others during a free book chat at Wilmington Public Library on Tuesday, November 3, 2016. The event starts at 6:30 PM.

Warga's book, *My Heart and Other Black Holes*, chronicles the fictional story of 16-year-old Aysel and her obsession with plotting her own death. She finds help in Roman, another teen she meets online. But as their pact becomes more concrete, Aysel begins to question whether she really wants to go through with it. Ultimately, she has to choose between wanting to die or trying to convince Roman to live so they can discover their potential energy together.

As this book deals with the very prominent issue of adolescent suicide, mental health professionals will also be on hand to provide information about available community resources.

Warga's book has been translated into 20 languages and is currently in development to become a major motion picture.

The book chat is sponsored by the Suicide Prevention Coalition of Warren and Clinton Counties and Wilmington Public Library, with funding from the Ohio Suicide Prevention Coalition. Registrants can also win a copy of the book prior to the book chat. A drawing will be held each week before the book chat.

To register, or for more information, visit <http://bit.ly/2dCZbv3> or call (513) 695-1695.

Mental Health Recovery Services of Warren and Clinton Counties (MHRS) is the local board of alcohol, drug addiction and mental health services serving residents of Warren and Clinton Counties. MHRS plans, funds and monitors services for residents with mental health, alcohol and addiction issues by

contracting with local agencies to provide programs for individuals, families and others affected by mental illness and addiction. For more information about MHRS or the Suicide Prevention Coalition, visit the MHRS website at **[mhrsonline.org](http://mhrsonline.org)**.